

RAISIN CINNAMON WALNUT

100% whole wheat



Raisin Cinnamon Walnut

Plump, juicy raisins and walnuts are folded into a 100% whole wheat dough sweetened with molasses.

Serving Ideas:

- Like the Raisin Cinnamon Chip, this is a favorite for toasting with cream cheese or butter..
- See the Orange Cranberry for the “Holiday Appetizer Tray” idea. This would be great with Raisin Cinnamon Walnut too.



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Nutrition Facts

Serving Size 1 slice 1/21 loaf
 1.75oz (50g)
 Servings Per Container About 21

Amount Per Serving

Calories 120 **Calories from Fat** 15

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 210mg **9%**

Total Carbohydrate 23g **8%**

Dietary Fiber 3g **12%**

Sugars 7g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Fresh-ground 100% Whole Wheat Flour, Filtered Water, Raisins, Molasses, Walnuts, Yeast, Salt and Cinnamon.

CONTAINS: WHEAT AND WALNUTS

*Made in our kitchen
 from scratch-
 (just like homemade)
always!*



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