

STAR-SPANGLED SWIRL

100% whole wheat



Star-Spangled Swirl

An explosion of tart cherries, cranberries, sweet blueberries and white chocolate chips is swirled together with butter & brown sugar in our signature whole wheat dough!



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Nutrition Facts

Serving Size 1 slice 1/13 loaf
2oz (50g)
Servings Per Container About 13

Amount Per Serving

Calories 130 **Calories from Fat** 20

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 230mg **10%**

Total Carbohydrate 24g **8%**

Dietary Fiber 2g **8%**

Sugars 9g

Protein 4g

Vitamin A 2% • **Vitamin C** 0%

Calcium 0% • **Iron** 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Fresh-ground 100% Whole Wheat Flour, Filtered Water, Blueberries, Honey, White Chocolate Chips (*sugar, palm oil, cocoa butter, nonfat dry milk, cream, whey, mono & diglyceride & soy lecithin emulsifiers, vanilla*), Brown Sugar, Enriched White Flour (unbleached, unbromated), Butter (Milk), Dried Cranberries (*cranberries, sugar, sunflower oil*), Dried Cherries (*cherries, sugar, sunflower oil*), Yeast, Salt, and Vanilla Flavoring.

CONTAINS: WHEAT, SOY AND MILK

*Made in our kitchen
from scratch-
(just like homemade).....always!*



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